

# THINGS TO KNOW

Ageless MD

## BEFORE INTIMATE TREATMENTS



SHAVE 2 DAYS  
PRIOR TO  
TREATMENT



IF WAXING, WAX  
1 WEEK PRIOR  
TO TREATMENT



RESCHEDULE IF YOU  
ARE ON YOUR  
MENSTRUAL PERIOD



WEAR LOOSE FITTING  
CLOTHING TO LIMIT  
RUBBING/ IRRITATION

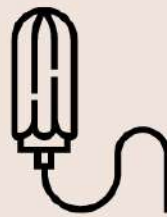
## AFTER INTIMATE TREATMENTS



DO NOT PICK  
OR PEEL SKIN



GENTLY CLEANSE  
WITH MILD SOAP  
AND WATER



AVOID TAMPON  
USE FOR 7 DAYS



NO BATHS, JACUZZI,  
OR SWIMMING UNTIL  
FULLY HEALED



NO WORKOUT FOR  
FIRST 36 HOURS, AND  
AVOID SWEATY  
EXERCISE FOR 7 DAYS



AVOID SEXUAL  
INTERCOURSE FOR 2  
WEEKS OR UNTIL  
HEALED



USE POST CARE  
LOTION AS  
INSTRUCTED



BE PATIENT. NEED  
40 DAYS TO SEE  
BEST RESULT FROM  
EACH SESSION



KEEP YOUR FOLLOW  
UP APPOINTMENT TO  
TRACK PROGRESS



CONTACT US FOR  
ANY CONCERNS

FOR MORE DETAILS PLEASE CONTACT OUR OFFICE @ 714.760.9918