

THINGS TO KNOW

Ageless MD

BEFORE KYBELLA/(PCDC)



SCHEDULE 6-8 WEEKS BEFORE ANY EVENTS



AVOID TAKING ASPIRIN/IBUPROFEN OR BLOOD THINER SUPPLEMENTS 1 WEEK BEFORE&AFTER TO PREVENT BLEEDING



AVOID ALCOHOL FOR 24-48 HOURS BEFORE AND AFTER



EXPECT SWELLING& BRUISING, USE ICE &ARNICA PRODUCTS IF IT OCCURS

AFTER

KYBELLA/(PCDC)



NO WORKING OUT FOR 36 HOURS



USE ICE&ARNICA PRODUCTS TO HELP SWELLING&BRUISING



REDNESS, SWELLING, FIRMNESS, AND BRUISING CAN LAST UP TO 4 WEEKS



SLEEP WITH HEAD ELEVATED FOR 2-3 DAYS



DON'T PRESS, RUB, MASSAGE OR MANIPULATE THE TREATED AREA FOR 3-5 DAYS



STAY HYDRATED, DRINK 8 GLASSES OF WATER DAILY



BE PATIENT. USUALLY NEED 2-3 SESSIONS TO SEE THE BEST RESULT



CONTACT US FOR ANY CONCERNS