

THINGS TO KNOW

Ageless MD

BEFORE SYLFIRM OR *RF MICRO-NEEDLING* MICRONEEDLING



SCHEDULE 3-4
WEEKS BEFORE
ANY EVENTS



AVOID TAKING ASPIRIN/ IBUPROFEN
OR BLOOD THINER SUPPLEMENTS 1
WEEK BEFORE&AFTER TO PREVENT
BLEEDING



AVOID ALCOHOL FOR
24-48 HOURS BEFORE
AND AFTER



NO RETINOL/
ACTIVES FOR 1
WEEK BEFORE & 2
WEEKS AFTER



DISCONTINUE
ACUTANE 6
MONTHS PRIOR
TO TREATMENT



AVOID DIRECT
SUNLIGHT OR
TANNING 2 WEEK
BEFORE TREATMENT



INFORM PROVIDER
OF HISTORY OF
COLD SORES

AFTER SYLFIRM/MICRONDEELING



WAIT AT LEAST 6
HOURS BEFORE
WASHING YOUR FACE



AVOID DIRECT
SUNLIGHT, HEAT &
SWIMMING 1 WEEK
POST TREATMENT



REDNESS/ SWELLING
CAN LAST ~ 24-72
HOURS AFTER BUT
CAN VARY



AVOID SWEATY
EXERCISE FOR
72 HOURS



DON'T PICK, RUB,
MASSAGE OR
MANIPULATE THE
TREATED AREA FOR
3-5 DAYS



MINIMUM OF SPF 30
DAILY FEW TIMES TO
PROTECT YOUR SKIN



BE PATIENT. NEED 2
MONTHS TO SEE
BEST RESULT FROM
EACH SESSION



CONTACT US FOR
ANY CONCERNS