

THINGS TO KNOW

Ageless MD

BEFORE TOXINS



AVOID TAKING ASPIRIN/
IBUPROFEN OR BLOOD
THINER SUPPLEMENTS
1 WEEK
BEFORE & AFTER TO
PREVENT BLEEDING



AVOID ALCOHOL
FOR 24 HOURS
BEFORE AND
AFTER



USE ARNICA
PRODUCTS TO
REDUCE RISK
OF BRUISING



NO RETINOL/
ACTIVES FOR
24 HOURS
BEFORE &
AFTER

AFTER TOXINS



AVOID TOUCHING
OR APPLYING
PRESSURE TO THE
TREATED AREAS



AVOID SWEATY
WORKOUTS FOR
THE FIRST 24 HRS



NO HOT SHOWER,
SAUNA, OR
JACUZZIS FOR 24
HOURS



NO LAYING
DOWN FOR 5
HOURS



NO MAKEUP AT LEAST
5 HOURS AFTER
TREATMENT



EXPECT SOME
BRUISING, USE
ARNICA PRODUCTS
IF IT OCCURS



BE PATIENT. FULL
RESULTS WILL TAKE
10-14 DAYS



CONTACT US FOR
ANY CONCERNS

FOR MORE DETAILS PLEASE CONTACT OUR OFFICE @ 714.760.9918