

THINGS TO KNOW

Ageless MD

BEFORE SCULPTRA



SCHEDULE 3-4 WEEKS BEFORE ANY EVENTS



AVOID TAKING ASPIRIN/IBUPROFEN OR BLOOD THINER SUPPLEMENTS 1 WEEK BEFORE&AFTER TO PREVENT BLEEDING



AVOID ALCOHOL FOR 24-48 HOURS BEFORE AND AFTER



NO RETINOL/ACTIVES FOR 24 HOURS BEFORE & AFTER



INFORM PROVIDER OF HISTORY OF COLD SORES



EXPECT SWELLING & BRUISING, USE ICE & ARNICA PRODUCTS IF IT OCCURS

AFTER SCULPTRA



MASSAGE TREATED AREA FOR 5 MINUTES 5X A DAY FOR FIRST 5 DAYS



NO WORKING OUT FOR 24 HOURS



BRUISING & SWELLING CAN LAST UP TO 2 WEEKS, YOU CAN ICE TO REDUCE SWELLING



MAKEUP CAN BE WORN AFTER 4-6 HOURS (EXCEPT ON OPEN WOUNDS)



AVOID DENTAL WORK, VACCINES FOR 4 WEEKS



KEEP YOUR FOLLOW UP APPOINTMENT TO TRACK PROGRESS



BE PATIENT. NEED MULTIPLE SESSIONS TO SEE BEST RESULT



CONTACT US FOR ANY CONCERNS

FOR MORE DETAILS PLEASE CONTACT OUR OFFICE @ 714.760.9918