

THINGS TO KNOW

Ageless MD

BEFORE UNDER CHIN LIPO



SCHEDULE AT
LEAST 3-4 WEEKS
BEFORE ANY
EVENTS



AVOID TAKING ASPIRIN/
IBUPROFEN OR BLOOD
THINER SUPPLEMENTS 1
WEEK BEFORE&AFTER TO
PREVENT BLEEDING



AVOID ALCOHOL
FOR 24-48 HOURS
BEFORE AND
AFTER



FOR MEN,
SHAVE AREA 1
DAY PRIOR



EXPECT SWELLING&
BRUISING, USE ICE
&ARNICA PRODUCTS
IF IT OCCURS

AFTER

UNDERCHIN LIPO



SLEEP WITH
HEAD ELEVATED
FOR 7 DAYS



WEAR COMPRESSIVE
HEAD WRAP ALL DAY +
NIGHT FOR AT LEAST 2
WEEKS



DO LYMPHATIC
MASSAGES DAILY
FOLLOWING TX



MAKEUP CAN BE
WORN (EXCEPT
OVER INCISIONS) IN
5-7 DAYS



STAY HYDRATED,
DRINK 8 GLASSES
OF WATER DAILY



NO SMOKING FOR
THE FIRST 21 DAYS
AFTER TREATMENT



KEEP YOUR
FOLLOW UP
APPOINTMENT TO
TRACT PROGRESS



CONTACT US FOR
ANY CONCERNS

FOR MORE DETAILS PLEASE CONTACT OUR OFFICE @ 714.760.9918