

# THINGS TO KNOW

Ageless MD

## BEFORE ADVATX, Q-SWITCH OR IPL



SCHEDULE 3-4  
WEEKS BEFORE  
ANY EVENTS



AVOID TAKING  
MEDICATIONS THAT  
MAY MAKE YOU PHOTO  
SENSITIVE



ENSURE AREA  
IS SHAVED  
CLEAN BEFORE  
TREATMENT



AVOID ALCOHOL FOR  
24-48 HOURS BEFORE  
AND AFTER



NO RETINOL/  
ACTIVES FOR 1  
WEEK BEFORE & 2  
WEEKS AFTER



DISCONTINUE ACCUTANE 6  
MONTHS, DOXYCLINE AND  
MINOCYCLINE SHOULD BE  
DISCONTINUED 3 MONTHS  
PRIOR TO TREATMENT



AVOID DIRECT  
SUNLIGHT OR  
TANNING 2 WEEKS  
BEFORE  
TREATMENT



INFORM  
PROVIDER OF  
HISTORY OF  
COLD SORES

## AFTER



WAIT AT LEAST 6  
HOURS BEFORE  
WASHING YOUR FACE



AVOID DIRECT  
SUNLIGHT, HEAT &  
SWIMMING 2 WEEKS  
POST TREATMENT



SKIN WILL BE  
SENSITIVE FOR 2-3  
DAYS, REDNESS AND  
SLIGHT SWELLING  
ARE NORMAL



AVOID SWEATY  
EXERCISE FOR  
72 HOURS



DON'T PICK, RUB,  
MASSAGE OR  
MANIPULATE THE  
TREATED AREA FOR  
3-5 DAYS



USE MINIMUM SPF 30  
A FEW TIMES DAILY  
TO PROTECT YOUR  
SKIN



SCABBING CAN HAPPEN  
AND NEEDS TO BE KEPT  
AS CLEAN AS POSSIBLE.  
APPLY NEOSPORIN TO  
HELP WITH HEALING



CONTACT US FOR  
ANY CONCERNS

FOR MORE DETAILS PLEASE CONTACT OUR OFFICE @ 714.760.9918